


What can I do at home to create more sharing success?

- Use 'non-threatening toys' to practice - avoid favourite toys. Use items that are easily divided like bubbles, playdough, balloons, water or sand; dancing to music with duplicate props
- Sharing can be practiced through teaching swapping concepts like 'trading items' and returning them after a short period
- Stick child's picture along with a drawing or photo of item on paper to provide concrete display of WHO is using WHAT item
- Use supports like large sandtimer or Time Timer (app on ipad/iphone) or counting song to communicate duration of sharing
- Use explicit language for children with high support needs: "Oscar *and* Luke can push cars" rather than abstract instructions like, "everyone needs to share"
- Provide duplicate items if children really struggle to share

Know what goals you are working on



Remember that not one social skill program approach fits every child. The most effective approaches are tailored to your child's needs and abilities. Speak with your speech therapist, occupational therapist or psychologist to discuss some of the specific social behaviours or skills that you can target (like working on impulse control or building up waiting time) to support your child's play behaviour.

